

# WORLD CHAMPIONSHIPS ULTRA MULTIEVENTS

## TIME SCHEDULE

SATURDAY		2017			
	SEN MEN + U23	JUN + M35 + M40 + M45	M50 + M55 + M60 + M65 + M70	WOMEN	
	Group 1	Group 2	Group 3	Group 4	
08:00			100m (4 S)		08:00
8.05					8.05
8.10					8.10
8.15					8.15
08:20		100m (4 S)			08:20
8.25					8.25
08:30					08:30
8.35					8.35
08:40			Long Jump		08:40
8.45			STAND 1		8.45
08:50					08:50
8.55					8.55
09:00		Long Jump			09:00
09:05		STAND 2			09:05
9.10					9.10
9.15					9.15
9.20					9.20
9.25					9.25
09:30	100m (4s)				09:30
9.35					9.35
9.40					9.40
9.45					9.45
9.50					9.50
9.55					9.55
10:00			200m H (4s)		10:00
10.05	Long Jump		3 S 76 cm		10.05
10.10	STAND 1		1 S 3 banen 76 + 1 baan 68		10.10
10.15					10.15
10.20					10.20
10.25					10.25
10.30			Shot Put		10.30
10.35			STAND 1		10.35
10.40		200m H (5s)			10.40
10.45		76/ 5 REEKSEN			10.45
10.50					10.50
10.55					10.55
11.00				100m H (5 s)	11.00
11.05				84 /4 reeksen	11.05
11:10				76/1reeks	11:10
11:15		Shot Put			11:15
11.20		STAND 2			11.20
11:25					11:25
11.30	200m H (4s)				11.30
11.35	76/ 4 REEKSEN				11.35
11:40					11:40
11.45			5000m (1s)		11.45
11.50				High Jump	11.50
11.55				STAND 2	11.55
12:00					12:00
12.05	Shot Put				12.05
12.10	STAND 1				12.10
12.15					12.15

12.20					12.20
12.25					12.25
12.30		5000m (1s)			12.30
12.35					12.35
12.40					12.40
12.45					12.45
12.50					12.50
12.55					12.55
13:00					13:00
13.05					13.05
13.10					13.10
13.15	5000m (1s)				13.15
13.20					13.20
13.25					13.25
13.30					13.30
13.35					13.35
13.40					13.40
13.45					13.45
13.50			800m (2s)		13.50
13.55					13.55
14:00					14:00
14.05				1500m (1s)	14.05
14.10					14.10
14.15			High Jump		14.15
14.20			STAND 1		14.20
14.25		800m (3s)			14.25
14.30					14.30
14.35					14.35
14.40					14.40
14.45					14.45
14.50					14.50
14.55		High Jump			14.55
15:00	800m (3s)	STAND 2			15:00
15.05					15.05
15.10					15.10
15.15					15.15
15:20					15:20
15.25					15.25
15.30					15.30
15.35					15.35
15:40					15:40
15.45				400m H (5s)	15.45
15:50				76 / 5 REEKSEN	15:50
15.55					15.55
16:00					16:00
16.05					16.05
16.10	High Jump				16.10
16:15	STAND 1		400m (4s)		16:15
16.20					16.20
16.25					16.25
16.30				Shot Put	16.30
16:35				STAND 1	16:35
16.40					16.40
16.45			Hammerthrow		16.45
16:50			STAND 2		16:50
16.55					16.55
17:00					17:00
17.05					17.05
17:10					17:10
17:15					17:15
17:20		400m (5s)			17:20
17.25					17.25
17.30					17.30
17.35					17.35

17.40					17.40
17:45					17:45
17.50				200m (5s)	17.50
17.55					17.55
18:00		Hammerthrow			18:00
18.05		STAND 2			18.05
18:10					18:10
18.15					18.15
18.20					18.20
18.25	400m (4s)				18.25
18:30					18:30
18.35					18.35
18.40					18.40
18:45			3000m SC (1s)		18:45
18.50			Hoogte 76 cm		18.50
18.55					18.55
19.00					19.00
19.05					19.05
19.10					19.10
19.15		16			19.15
19.20			3000m SC (1s)		19.20
19.25	Hammerthrow		Hoogte 91 cm		19.25
19:30	STAND 2				19:30
19.35					19.35
19.40					19.40
19.45		3000m SC (2s)			19.45
19.50		Hoogte 91 cm			19.50
19.55					19.55
20:00					20:00
20.05					20.05
20.10					20.10
20.15					20.15
20.20					20.20
20.25					20.25
20.30		14			20.30
20.35					20.35
20.40					20.40
20.45					20.45
20.50	3000m SC (2s)				20.50
20.55	Hoogte 91 cm				20.55
21.00					21.00
21.05					21.05
21.10					21.10
21.15					21.15
21.15					21.15

# WORLD CHAMPIONSHIPS ULTRA MULTIEVENTS TURNHOUT

## TIME SCHEDULE

<b>Sunday</b>		<b>2017</b>		
<b>SEN MEN + U23</b>	<b>JUN + M35 + M40 + M45</b>	<b>M60 + M65 + M70</b>	<b>WOMEN</b>	
Group 1	Group 2	Group 3	Group 4	
		110m H (4s)		
08:00		1 S 3banen 84 + 1 baan 76		08:00
8.05		91 /3 REEKSEN		8.05
8.10				8.10
8.15				8.15
08:20	110m H (5s)			08:20
8.25		POLSTOK		8.25
08:30	100 / 5 REEKSEN			08:30
8.35				8.35
08:40				08:40
8.45				8.45
08:50	discus			08:50
8.55	STAND 1			8.55
09:00				09:00
09:05				09:05
9.10				9.10
9.15				9.15
9.20				9.20
9.25				9.25
09:30				09:30
9.35				9.35
9.40				9.40
9.45				9.45
9.50			100m (5s)	9.50
9.55				9.55
10:00				10:00
10.05				10.05
10.10	200m (5s)			10.10
10.15				10.15
10.20				10.20
10.25				10.25
10.30				10.30
10.35			Long Jump	10.35
10.40			STAND 1	10.40
10.45				10.45
10:50	POLSTOK	200m (4s)		10:50
10.55				10.55
11.00				11.00
11.05				11.05
11:10				11:10
11:15	110m H (4s)			11:15
11.20	106,7 4 REEKSEN			11.20
11:25		Discus throw		11:25
11.30		STAND 2		11.30
11.35				11.35
11:40				11:40

11.45	discus				11.45
11.50	STAND 1				11.50
11.55					11.55
12:00					12:00
12.05				400m (5s)	12.05
12.10					12.10
12.15					12.15
12.20					12.20
12.25					12.25
12.30					12:30
12.35			3000m	Javelin	12.35
12.40					12.40
12.45					12.45
12.50					12.50
12.55	200m (4s)				12.55
13:00		27			13:00
13.05					13.05
13.10					13.10
13.15					13.15
13.20		3000m			13.20
13.25					13.25
13.30					13:30
13.35	POLSSTOK				13.35
13.40					13.40
13.45					13.45
13.50					13:50
13.55			400m H (4s)		13.55
14:00			3 REEKSEN 84		14:00
14.05			1 S / 3banen 76 + 1 x 68		14.05
14.10					14.10
14.15				800m (2s)	14.15
14.20					14.20
14.25			Javelin		14.25
14.30					14.30
14.35					14:35
14.40					14.40
14.45					14.45
14.50					14.50
14.55		400m H (5s)			14.55
15:00		91/3 REEKSEN			15:00
15.05					15.05
15.10					15.10
15.15					15.15
15:20					15:20
15.25					15.25
15.30					15.30
15.35					15.35
15:40		Javelin	1500m (1s)		15:40
15.45					15.45
15:50					15:50
15.55	3000m				15.55
16.00					16.00
16.05					16.05
16.10				200m H (5s)	16.10
16.15			Triple Jump		16.15
16.20			STAND 1		16.20
16.25					16.25
16.30					16.30
16.35					16:35
16.40					16.40

16.45				Discus throw	16.45
16:50	400m H (4s)			STAND 1	16:50
16.55	91/4 REEKSEN				16.55
17.00					17.00
17.05		1500m (2s)			17.05
17:10					17:10
17:15					17:15
17:20	Javelin				17:20
17:25					17:25
17.30		Triple Jump	10000m (1s)		17.30
17.35		STAND 1			17.35
17.40					17.40
17.45					17.45
17.50					17.50
17.55					17.55
18:00					18:00
18.05					18.05
18:10					18:10
18.15					18.15
18.20					18.20
18.25					18.25
18:30					18:30
18.35	1500m (2s)				18.35
18.40					18.40
18:45					18:45
18.50				3000m (1s)	18.50
18.55					18.55
19.00	Triple Jump				19.00
19.05	STAND 1				19.05
19.10		10000m (1s)			19.10
19.15					19.15
19.20					19.20
19.25					19.25
19:30					19:30
19.35					19.35
19.40					19.40
19.45					19.45
19.50					19.50
19.55	12				19.55
20:00					20:00
20.05					20.05
20.10					20.10
20.15					20.15
20.20	10000m (1s)				20.20
20.25					20.25
20.30					20.30
20.35					20.35
20.40					20.40
20.45					20.45
20.50					20.50
20.55					20.55
21.00					21.00
21.05					21.05
21.10					21.10
21.15					21.15
21.20					21.20